

***We are delighted to inform you that Bedfordshire Hospitals NHS Foundation Trust;***

***Luton Sexual Health have been awarded the new Integrated Sexual Health Contract for the next 5 years.***

***With effect from 1 April 2023.***

**What is included in the new contract?**

Luton Sexual Health will continue to provide full and comprehensive contraception, sexual health and HIV services to the Luton Community.  This will continue to include:

* **HIV** – reduction of onward transmission and late diagnosis; prevention and uptake of PrEP; increasing testing and improving access to treatment and support for people living with HIV
* **STIs** – effective testing and management of STIs
* **Pregnancy, Conception and Termination** – providing and improving access to contraception, particularly Long Acting Reversible Contraception (IUD/IUS/Implant)
* **Supporting Vulnerable at risk groups** – protecting and supporting children and young people from harm and other groups that are harder to engage including vulnerable women; LGBTQIA+ Community; SEND (Special Educational Needs and Disabilities)

***Our clients will be able to access services via the website, online booking, home testing kits, walk ins and via telephone.***

**What’s new?**

* **Under 18s** - Luton Sexual Health will be providing one clinic per week for under 18s.  On Thursday evenings from 1500-1900 our clinics will be set up for young people and led by staff who are specifically trained to engage with U18s.  Please note that Thursday evening clinics can also be accessed by other age groups.
* **HIV Testing** – there will more opportunities for people to access advice, information and testing for HIV across Luton
* **Under 12s** – there will be an intervention programme specifically for U12s who are involved with, at risk of or displaying harmful sexual behaviour.  Training for professionals is also available. If you would like to know more please contact [Andrew.trowbridge@ldh.nhs.uk](mailto:Andrew.trowbridge@ldh.nhs.uk)
* **SEND –** there will be support available for people who have special educational needs and/or disabilities who need support with relationships and sexual health including 1-1 intervention programmes, small group sessional work and training for professionals
* **E-Learning for professionals** – a programme of elearning packages, tailored to the Luton area and community are available for local professionals working in Luton across a range of sexual health topics
* **LGBTQIA+** - LSH will continue to support U18s who identify as other than cis male or cis female.  This includes people who are non-binary, trans or who are experiencing gender dysphoria.  To refer or for further information contact [Andrew.trowbridge@ldh.nhs.uk](mailto:Andrew.trowbridge@ldh.nhs.uk)
* **Increased access to barrier methods of contraception –** from hub and outreach services; a variety of community organisations across Luton and digitally.
* **Psychology service for HIV/LGBTQIA+** - to improve quality of life and wellbeing of transgender people and people living with HIV

**Where will the service be located?**

Luton Sexual Health is a Hub & Outreach Service.

The hub is based at 1st Floor, Arndale House, The Mall, LU1 2LJ and will continue to be open at the below times:

Monday               0900-1900

Tuesday               0900-1700

Wednesday        0900-1700

Thursday             0900-1900

Friday                    0900-1330

Saturday              0900-1330

Outreach Clinical Services will be delivered in the form of ‘Pop Up’ clinics across Luton town in areas of need and for clients who are marginalised, hard to reach or not able to access the hub.

LSH can provide full sexual health screening, barrier methods of contraception, advice, information and signposting/referral to relevant services and to the main clinic.

If you are interested in booking a Pop Up Clinic please contact:

Kelsie    [Kelsie.holdstock-clarke@ldh.nhs.uk](mailto:Kelsie.holdstock-clarke@ldh.nhs.uk)

Drew     [Andrew.trowbridge@ldh.nhs.uk](mailto:Andrew.trowbridge@ldh.nhs.uk)

For more information and for updates please see our website [www.lutonsexualhealth.org.uk](http://www.lutonsexualhealth.org.uk) and follow us at:



From

Luton Sexual Health Team